

Patient Assessment Form



If joint pain disrupts your lifestyle, you need to explore whether or not you are a candidate for joint replacement. It is important to speak with your family physician or your orthopedic specialist regarding the available treatment options. Biomet, as the manufacturer of orthopedic devices, does not practice medicine. If you have questions about joint health, please speak with your family physician or an orthopedic specialist.

Common Patient Considerations for Joint Replacement (print this for discussion with your doctor)

Do you experience joint pain several times per week? Yes No

How does joint pain affect you? (check all that apply and indicate severity)

Sleep	Cannot perform	Very difficult	Somewhat difficult	No difficulty
Sitting	Cannot perform	Very difficult	Somewhat difficult	No difficulty
Dressing	Cannot perform	Very difficult	Somewhat difficult	No difficulty
Climbing stairs	Cannot perform	Very difficult	Somewhat difficult	No difficulty
Ability to work	Cannot perform	Very difficult	Somewhat difficult	No difficulty
Walking	Cannot perform	Very difficult	Somewhat difficult	No difficulty

The following list of questions may help your conversation with either your primary care physician or an orthopedic specialist.

- Does my joint pain indicate arthritis?
- What are the available treatment options?
- Should I exercise? If so, how much?
- Is there anything I can do to minimize my risk for developing osteoarthritis?
- Does my occupation put me at risk for developing arthritis?
- What is my target weight?
- What types of exercise are best?
- What else can I do to improve the health of my joints?
- Do I need to see an orthopedic specialist?

Additional resources to learn more about joint health and arthritis:

Arthritis Foundation
(800) 568-4045
Arthritis.org

The American Academy of
Orthopedic Surgeons
(800) 346-2267
Aaos.org

National Institute of Arthritis and
Musculoskeletal and Skin Diseases
(877) 226-426
niams.nih.gov

National Institute on Aging
Nia.nih.gov